

I BELIEVE IN ME

5 NICE THINGS THAT OTHERS SAY ABOUT ME!

(PASS THIS SHEET AROUND TO FILL IN)

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

5 STRENGTHS & TALENTS THAT I HAVE

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

WHY I AM PROUD OF MYSELF

3 THINGS I AM GRATEFUL FOR:

- 1 _____
- 2 _____
- 3 _____

1 SMALL GOAL

1 BIG GOAL

